

NEW CLIENT EVALUATION
THE NUTRITIONAL HEALING CENTER OF ANN ARBOR

Today's Date: _____ Who/What Referred you to our office: _____

Name: _____ M F Birthdate ___/___/___ Age _____

Mailing Address: _____

City: _____ State: _____ Zip: _____ Occupation: _____

Daytime phone: _____ Evening phone: _____

Email: _____

Marital Status: S M D W No. of children: _____

Spouse or Partner's name _____

1. Complaints: Please tell us the main reason why you are here _____

2. Secondary Complaints: Please let us know any other health concerns that you have _____

3. Previous Treatment for these Complaints _____

4. Medications: Please let us know all prescription medications you are taking _____

5. Major Illnesses: Please list any major illnesses and approximate dates _____

6. Surgeries: Please list any surgeries and approximate dates _____

7. Injuries: Please list any accidents or injuries, and approximate dates _____

8. WOMEN ONLY

Are you pregnant: _____ Are you nursing? _____

Date of onset of last menstrual period: _____

Any gynecologic surgeries (hysterectomy, endometriosis, ovarian cysts)? _____

Menstrual Cycle Do you have regular monthly periods? _____

Circle any of the following symptoms you experience associated with your period:

Cramping - Bloating - Moody - Cravings - Heavy Bleeding - Back Pain - Headaches - Clots

9. Sleep (please circle) Trouble falling asleep Can't stay asleep Bad dreams

Any other sleep problems? _____

10. Pets Any pets? _____ If so, what kind and how many? _____

11. Exercise What kind of exercise do you do? _____

How often? _____ Duration _____

12. Have you ever experienced an aneurysm? _____

13. Food Allergies Please list _____

14. Food Cravings Please circle answers to the following questions about food cravings, regardless of whether or not you let yourself eat these foods

a. If you could have any breakfast that you wanted, which would you choose:

Poached eggs with hollandaise sauce

Bacon and eggs

Granola and yogurt

Toast and oatmeal and coffee or tea

b. If you could have any lunch that you wanted, which would you choose?

Barbecued ribs or teriyaki and chips

Hamburger and French fries

A cheese sandwich and/or a milkshake

A sandwich, pretzels and a soda or coffee

c. If you could have any dinner that you wanted, which would you choose?

Thai food

A nice steak

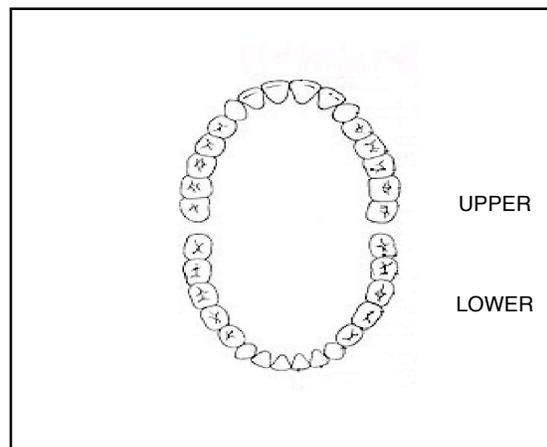
Pizza

Pasta with sauce

DENTAL HISTORY

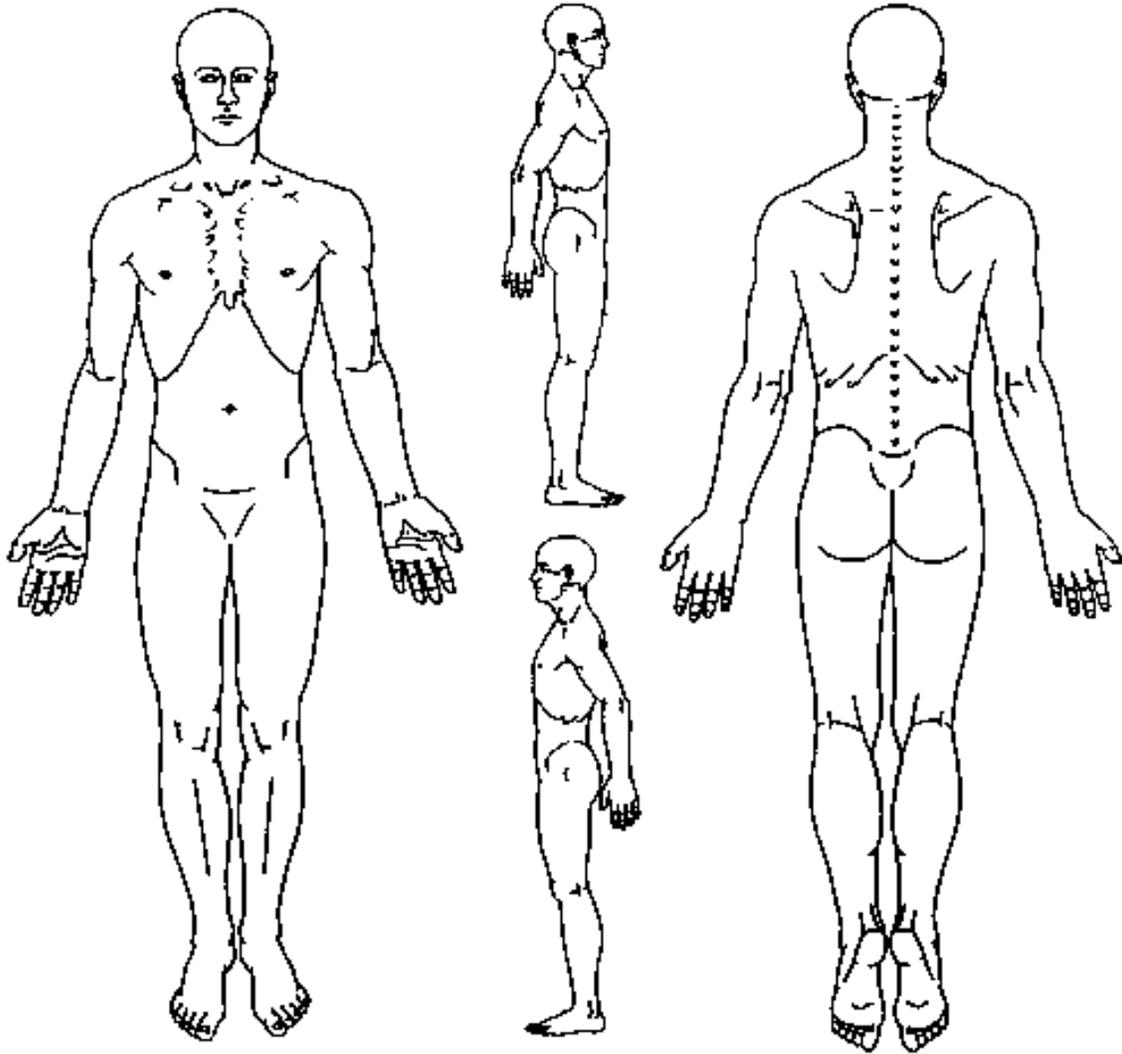
DIRECTIONS: Please fill out the chart by briefly describing what kind of dental work has been done on each tooth and the approximate age you were at the time. Please include the following if you have undergone these procedures:

- Silver fillings
- Composite or porcelain fillings
- Gold fillings or crowns
- Root canals
- Veneers
- Bridge
- Dentures
- Extracted teeth



Height _____ Weight _____

TRAUMA HISTORY



DIRECTIONS

<input type="checkbox"/> Scars	<p>Please draw a zig-zag over areas where you have scars, even if they are very old or difficult to see. Don't forget C-sections, episiotomies, vaccination scars, surgeries, body piercings, tattoos, cosmetic surgeries, vasectomies, stretch marks, etc. Please note the approximate age you were when you got each scar.</p>
<input type="checkbox"/> Surgery	<p>Please circle the location of any surgeries, including exploratory surgeries, laparoscopies etc. Please write the year of the surgery on the drawing.</p>
<input type="checkbox"/> Internal Metal	<p>Please put a square around any internal metal objects, such as surgical pins, metal plates, hip replacements etc.</p>

How many alcoholic beverages do you consume per week? _____
How many caffeinated beverages do you consume per day? _____
How many times do you eat out per week? _____
How many times do you eat raw nuts or seeds per week? _____
List the three worst foods you eat during the average week:

List the three healthiest foods you eat during the average week: _____

Rate your stress level on a scale of 1-10 during the average week: _____
How many times do you eat fish per week? _____
How many times do you work out per week? _____

Please list any natural supplements, herbs, or homeopathics you currently take and for what conditions:

Are there any other questions or concerns that you'd like to discuss:

What is your commitment level to improve your health? _____

If you found us on the internet, please give us more information. Please circle where it was...

A search

Online coupon (Groupon, Living Social)

Internet ad

Calendar ad

A link from another website

Other: (please specify)

Nutrition Response TestingSM

New Patient Orientation

Welcome

If you are like most people who come to us for help, then most likely:

- You have one or more health conditions that have become chronic and,
- You have probably tried conventional medicine or even alternative practitioners and did not get the results you hoped for and,
- These conditions are impacting your personal life, your relationships with your spouse or children, your career or job performance, and/or your personal finances and,
- You know that, as time goes by, these conditions are not going to get better and will probably continue to worsen unless you change what you are doing and do something really effective about it.

If this describes you and you are ready to make a real demand for improvement that will put you back in charge of your own health, then you have come to the right place.

If you are a Nutrition Response Testing case and you follow our recommendations to the letter, then there is hope that you will receive the help you need to restore your health.

What is Nutrition Response Testing?

Nutrition Response Testing is a non-invasive system of analyzing the body in order to determine the underlying causes of ill health. When these are corrected through safe, natural, nutritional means, the body can repair itself in order to attain and maintain more optimum health.

Nutrition Response Testing is very precise and scientific. However, if I were to analyze you using Nutrition Response Testing before it was explained to you, you might find it strange, or simply not believable – only because it is probably very different from anything you may have experienced before.

I can understand this because when I first saw this type of work being done, my first reaction was “Hmm, what is this strange stuff?” No one was more skeptical than I was. As a result, I studied Nutrition Response Testing extensively to see if it was for real. And I am sure happy I did because it has greatly helped me improve my health and the health of many patients. Because of Nutrition Response Testing, we are here and are able to help you improve your health.

If you want to get healthy and stay healthy, it is important that you understand what Nutrition Response Testing is and what our recommendations are based on.

Otherwise, you are less likely to follow through and actually do what you need to do to get well. If you don't follow through, you won't get well. And if you are not going to get well, why do it in the first place?

The results we have been having with Nutrition Response Testing are often in the 90% and better range. The only reason we are here is to help you get well. We have no other reason for being here and hopefully, you are here for that same reason. That is why I want to make sure you get the correct understanding of what Nutrition Response Testing is right from the start.

What Makes this Approach Unique?

In medical practice there are two key parts: the diagnosis (identifying and/or naming the “disease” or syndrome) and the treatment (drugs, surgery, etc.).

In Nutrition Response Testing we do not diagnose or treat disease - but we also have two parts: the analysis (the assessment of your body's current health status) and the personalized health improvement program (using designed clinical nutrition).

Simply put, first we do an analysis, and then we design a natural health improvement program to help you handle what we find in our analysis of your body and condition.

First the Analysis.

The analysis is done through testing the body's own neurological reflexes and certain acupuncture points.

Nutrition Response Testing analyzes the different points and areas on the surface of the body that relate to the state of health and to the flow of energy in each and every organ and function of the body.

The neurological reflexes are derived from the part of the nervous system whose job it is to regulate the functions of each and every organ. The acupuncture points are selected from the ancient Chinese system of acupuncture, which is thousands of years old.

Interestingly, since the human anatomy has not changed significantly in thousands of years, the utilization of these reflexes and specific points have become extremely useful in our practice because they are so accurate!

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Think About It.

Each Nutrition Response Testing reflex represents a specific organ, tissue, or function, and indicates the effect that energy or the lack of energy, is having on the body. By testing the Nutrition Response Testing reflexes, we have a system of monitoring your body at each visit that has proven to be extremely accurate clinically and that helps us identify exactly what the body needs and how well we are meeting that need.

Doesn't this sound like something you would want for yourself in order to predict, with certainty, what is needed and wanted by the body to get you to the next stage of improved health?

How Do We Do The Nutrition Response Testing Analysis?

If I were to hook you up to an electro-cardiograph machine and take a reading, that would make perfect sense to you, right?

What is actually happening during this procedure? Electrical energy from the heart is running over the wires. This electrical energy makes the electrocardiograph record the energy pattern in the form of a graph or chart. I could then study this graph and tell you what it all means.

Here is what we do with Nutrition Response Testing. Instead of connecting electrodes to the reflex areas being tested, the Nutrition Response Testing practitioner contacts these areas with their own hand. With the other hand, he/she will test the muscle of your extended arm. If the reflex being contacted is "active" the nervous system will respond by reducing energy to the extended arm and the arm will weaken and drop. This drop signifies underlying stress or dysfunction which can be affecting your health.

Why is the Person Who Referred You Feeling Better?

Because we did a Nutrition Response Testing analysis for him or her, we found the "active" reflexes and then made specific nutritional recommendations to help the body return to an improved state of health. Most importantly, the person is following through on our recommendations.

We are prepared to do the exact same thing for you now. Isn't that exciting? However, the best is yet to come.

The "Personalized Health Improvement Program".

Let's say the liver or kidney reflexes are active. Then what?

Our next step is to test specific, time-tested and proven, highest-possible quality nutritional formulas against those weak areas, to find which ones bring the reflexes back to strength.

Our decades of clinical experience tell us that when we have found the correct nutritional supplements, as indicated by this procedure, and have worked out a highly personalized nutritional supplement schedule, we have identified the most important first step in correcting the underlying deficiency or imbalance that caused the reflex to be active in the first place. By following the program as precisely as possible, you are well on your way to restoring normal function and improving your health.

It's that simple!

In medicine, the medical doctor makes a diagnosis and then uses drugs or surgery to attack or suppress the symptom, or to surgically remove the "offending" organ or part.

In Nutrition Response Testing we use "DESIGNED CLINICAL NUTRITION" to correct the cause of the problem, so that the body can regain the ability to correct itself.

What is a Designed Clinical Nutrition?

"Designed Clinical Nutrition" is exactly that: **designed** (*especially prepared based on a specific plan*) **clinical** (*pertaining to the results gotten in clinical use or actual practice on huge numbers of patients over many years*) **nutrition** (*real food, designed by nature to enable the body to repair itself and grow healthfully*).

It is concentrated, whole food in a tablet, capsule, powder or liquid, prepared using a unique manufacturing process that preserves all of the active enzymes and vital components that make it work as Nature intended. These real food supplements have been designed to match the needs of the body, as determined by the positive response shown when tested against the active Nutrition Response Testing reflexes that were found on your individual Nutrition Response Testing analysis. These are nutrients you are simply not getting, or not assimilating, in your current diet.

These deficiencies may be due to your past personal eating habits and routines, but it is for sure due, in some large

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extent, to the lack of quality in the foods commercially available in grocery stores or restaurants today.

An example of a whole food could be carrots. Carrots are high in *Vitamin A Complex*. A “complex” is something made up of many different parts that work together. Synthetic vitamin A does not contain the whole “Vitamin A Complex” found in nature. So, if we were looking for a food high in Vitamin A, carrots might be one of our choices.

If one actually were deficient in any of the components of Vitamin A Complex, one would be wise to seek out a supplement that was made from whole foods that were rich in this complex - not from chemicals re-engineered in a laboratory to look like one little part of the Vitamin A Complex that has erroneously been labeled as “Vitamin A.”

Designed Clinical Nutrition is not ‘over-the-counter’ vitamins. Over-the-counter vitamins are pharmaceutically engineered chemical fractions of vitamin structures reproduced in a laboratory. Because they are not made from whole foods, “over-the-counter” vitamins are not “genuine replacement parts” as they lack many of the essential elements normally present in WHOLE foods. [Please ask about our audiotape: “*The Whole Truth About Vitamins*,” for an entertaining, in-depth explanation of this aspect of vitamins and other nutritional supplements.]

Vitamins that are being used all over today generally only need to have a small percentage of their actual content derived from natural sources to be labeled “natural”. If they are not derived from whole foods, they often make you even more deficient and nutritionally out-of-balance. They can create other health problems because they do not contain all of the co-factors found in nature that make the vitamins work.

So-called “scientific research,” done with these shoddy substitutes, repeatedly “proves” that vitamins don’t do much good for anyone! Can you imagine who pays for these “researches”?

SUMMARY

1. Through an analysis of your body’s reflexes, we help you to determine the exact nutrients you need to supplement your diet in order to bring about balance and better health.

2. We make these highly concentrated therapeutic formulations available to you in tablets, capsules, powdered or in liquid form to “supplement” your current diet. That’s why they are called “food supplements.”

3. Depending on your individual situation, we might also require that you make some specific changes in your diet & eating habits and in your routines, in order to bring about the best possible results.

How are These Products Produced?

One example of a designed clinical nutrition supplement that we use is called “Catalyn”. This product is produced by starting with a wide variety of carefully chosen organically grown vegetables, taking the water and fiber out using a vacuum, low heat process - without heating or cooking the vegetables and then utilizing the concentrated food to make a bottle of Standard Process Catalyn Tablets.

The key to this whole procedure is the way it is done, using the “Standard Process” method:

A. Standard Process nutrients are derived from plants grown on their own farms, in soil free of pesticides – and no chemicals are ever used. Ph.D.’s check the soil before the seeds are sown, to make sure of the fertility of the soil – and even the weeding is done by hand.

B. The machinery involved in the processing of these products is made of glass and stainless steel only.

C. The temperature used in processing harvested plants is never raised above the point of 90 degrees Fahrenheit, so that the active ingredients are not cooked; they remain active and alive, and have a very long shelf life.

Your vitality and energy is derived from live food. Most foods today are all dead - or are not really foods at all - as in boxed cereals, canned vegetables, soda pop, etc. You can readily understand the difference between dead, devitalized pseudo-foods with the synthetic or isolated vitamins on the one hand, and “Designed Clinical Nutrition” and a diet of real foods, on the other.

There is a Great Deal of Technology and Know-How Behind What We Do.

Having been designed through decades of clinical use on tens of thousands of patients, and on patients from many different types of health care practitioners, you can be assured that Nutrition Response Testing is capable of evaluating and solving your health concerns.

A complete Nutrition Response TestingSM analysis can be done on each subsequent visit. Often these reveal additional layers of dysfunction. These can then be addressed in the correct sequence for your body.

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Each patient gets a completely individualized program.

Very much like opening a combination lock, you must use the right numbers in the right sequence and in the right direction at the right time – then the lock falls open.

Therefore, since every case is different, by following the correct sequence as revealed through Nutrition Response Testing, even the most complicated cases can be handled.

Is it Possible to Restore Your Health?

Many people we see in our practice have eaten themselves into their current state of ill-health, to one degree or another. The deficiencies or imbalances lead to a breakdown in resistance, or immunity, and a loss of the ability to cope with environmental stresses (chemical, microscopic, or otherwise).

So, yes, the **good news** is that it is possible to reverse the process!

What could be more natural? What could be more correct? Each cell, tissue, and organ in your body is in the process of replacing itself every day, month and year. The health of each organ is dependent on making the correct nutrients available to upgrade or to maintain the health of the body at a cellular level.

Designed Clinical Nutrition provides the right basic materials.

Nutrition Response Testing tells you when and what to use to bring about the desired result.

With this understanding of what we do, can you see how we might be able to help you do something effective to get yourself well?

And once that is achieved, do you see how you might be able to use this approach to stay well?

Now you have the complete 1-2-3 package. You now know:

- What we do.
- How and why we do it .
- What you need to do to have the potential of restoring your health and staying healthy.

But in the end you are the one responsible for your own condition. And with our guidance, we feel that – if you are a Nutrition Response Testing case – your chances of greatly improving your health can be as high as 90% or better.

How Do You Qualify to be a Nutrition Response Testing Patient?

Our long-term experience in a wide variety of cases tells us the first thing we must determine is whether or not you are a “Nutrition Response Testing Case”. If someone is NOT a “Nutrition Response Testing Case” then it is unlikely that Nutrition Response Testing will ever help you. However, if you are a “Nutrition Response Testing Case”, then, in our experience, it is our belief that nothing else will help you as much.

If our analysis indicates that you are not a Nutrition Response Testing / nutritional case, then in all probability, while a nutritional program may give you some benefit, it may not give you the maximum results you desire.

We wish you the best of luck in your quest to take back full responsibility for your health. Just remember to do it one step at a time, and that we are here to guide you in that quest.

Once we accept your case, you can count on us to do everything in our power to help you achieve your health objectives and to help you achieve a healthier, happier life.

May you never be the same.



3610 W. Liberty Road, Ann Arbor, MI 48103
Phone: 734-302-7575 - Web: www.TheNutritionalHealingCenter.com

Terms of Acceptance

I specifically authorize the Practitioners of The Nutritional Healing Center to perform a health analysis and to develop a natural health improvement program for me to improve my health, and NOT for the diagnosis, treatment or “cure” of any disease.

I understand that “muscle-testing” or “energy-testing” is a safe, non invasive, natural methods of analyzing the body’s bio-energetic reflexes, and that imbalances in these areas could cause or contribute to various health problems. This work is not and cannot be used to render a physical diagnosis, nor is this work linked to any type of diagnosis.

I understand that the nutritional supplements or herbs received at this office or recommended from this office are not drugs or medicines. I understand that the Practitioners in this office do not state recommendations or opinions about prescription drugs.

As with all health care treatment, no promises or guarantees can be made regarding the results of any analysis, chiropractic treatment, acupuncture treatment or nutritional program recommended.

The chiropractic method of correction is by adjustments of the spine. An adjustment is the specific application of forces to facilitate the body’s correction of Vertebral Subluxation. A Vertebral Subluxation is a misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulses, resulting in a lessening of the body’s innate ability to express its maximum health potential.

In addition, I understand that The Nutritional Healing Center requests a minimum of 24-hour advance notice for any cancellation or rescheduling of an appointment, and that insufficient notice or no notice will result in an office visit charge.

I have read and fully understand the above statements. All questions regarding the Practitioner’s objectives pertaining to my care in this office have been answered to my complete satisfaction. I therefore accept care on this basis.

Print Name

Signature

Date



3610 W. Liberty Road, Ann Arbor, MI 48103
Phone: 734-302-7575 - Web: www.TheNutritionalHealingCenter.com

Consent for Purpose of Treatment, Payment and Healthcare Operations

I acknowledge that The Nutritional Healing Center of Ann Arbor "Notice of Privacy Practices" has been made available to me.

I understand I have a right to review The Nutritional Healing Center of Ann Arbor's Notice of Privacy Practices prior to signing this document. This Notice describes the types of uses and disclosures of my protected health information that will occur in my treatment, payment of my bills and in the performance of health care operations at The Nutritional Healing Center of Ann Arbor. The Notice of Privacy Practices for The Nutritional Healing Center of Ann Arbor is also provided upon request at the front desk and on the website at www.TheNutritionalHealingCenter.com. This Notice also describes my rights and The Nutritional Healing Center of Ann Arbor's duties with respect to my protected health information.

The Nutritional Healing Center of Ann Arbor reserves the right to change the privacy practices that are described in the Notice of Privacy Practices. I may obtain a revised notice of privacy practices by accessing The Nutritional Healing Center of Ann Arbor website, calling the office and requesting a revised copy be sent in the mail or asking for one at the time of my next appointment.

I am giving The Nutritional Healing Center my permission to leave a message confirming my appointment dates at the phone number that I provided to the center.

Signature of Patient or Personal Representative

Date

Name of Patient or Personal Representative

Description of Personal Representative's Authority